



SWIMMING QUESTIONNAIRE

Dear High Peaks Adventure parents,

There are not very many opportunities to swim during the High Peaks Adventure program. While on the backpacking trip, our procedure is that participants may wade in pairs or groups in still water that is not above their waist. The only real opportunity for swimming will occur during our day of whitewater rafting. **Please comment on your child's ability to swim and let us know if you have specific concerns about your child's participation in swimming or water based activities, and/or if he or she has a fear of water. High Mountain Institute is relying on the participant and parent/s to be honest about participant's swimming ability and any issues or concerns.**

Participant's Name: _____

Swimming Ability (please mark his/her swimming ability below):

Poor or non-swimmer: _____

Swims comfortably in deep water: _____

Comments:

Thank you!