

WILDERNESS FIRST RESPONDER RECERTIFICATION INFORMATION

Course Description

Are your wilderness medicine protocols on the tip of your tongue or in the bottom of your pack? Join the leader in wilderness medicine for a three-day scenario-based course to review and practice evacuation and decision making guidelines. Our dynamic, experienced instructors will refresh you on the current techniques, protocols and controversies in the wilderness medicine field. You'll have opportunities to ask questions based on your real life experiences and practice scenarios and case studies that will challenge you. The WFR Recertification course also includes Adult/child CPR and FBAO. This course is the most popular recertification program in Wilderness Medicine and is ideal for current Wilderness First Responders and Wilderness EMTs. The WFR Recertification course is pre-approved for 18 hours of EMT CEU's by CECBEMS.

Recertification Requirements

If you hold a current Wilderness First Responder certification of at least 72 hours, you will receive a WMI WFR certification upon successful completion of your WFR Recert course. If you hold a valid WFR certification from WMI, we ask you to bring your certification card so that the instructor can verify your expiration date. Students holding a current WFR certification from any other organization are **REQUIRED** to submit a photocopy of their certification card on the first day of the course. If you hold a current WFR certification from any other wilderness medicine organization with less than a 72 hour certification, you will receive a letter of course completion in lieu of a WMI WFR certification. This letter of completion may allow you to recertify with your original certifying organization. You must contact that organization prior to your WMI course to ensure that our course will meet their requirements for recertification.

All students are required to submit a photocopy of their WFR certification card on the first day of the course.

There is a one-year grace period for recertification of WMI cards. (Keep in mind that your certification is not current during this grace period and therefore you cannot work as a Wilderness First Responder.)

You will be required to complete a WRITTEN EXAM at the BEGINNING of the course. Check the following web page for information and resources on how to best prepare for your course.
<http://www.nols.edu/wmi/about/faq.shtml#prepare>

Continuing Education Credits

WMI is proud to be a Continuing Education Coordinating Board for Emergency Medical Services (CECBEMS) accredited organization. Current EMTs are eligible to receive 18 hours CEU hours for their WMI WFR Recert course. Please bring a photocopy of your current EMT card(s) with you to your course.

Class Format & Equipment

Check in is at 7:45 AM on the first day of the course. WFR Recertification course days run from 8:00am to 5:00pm. The format for this 24-hour WFR recertification is one of scenario based learning. Scenarios and practice sessions will take place both inside and outside. Please bring clothing appropriate for laying on the potentially wet, snowy, cold ground playing the role of both rescuer and patient. Frequently stage (moulage) blood and make-up will be used to emphasize the reality of a scenario. Generally the classroom environment lends itself to a pair of comfy shoes/slipper and a camp-type chair. Please come equipped with a light daypack, waterproof top and bottom, light hiking boots and layers well suited for spending time outside playing the roles of patient and rescuer.



Wilderness Medicine Institute of NOLS

Wilderness First Responder Recertification Course Schedule

DAY 1

Morning

Introductions and Written Examination
Patient Assessment System
Shock
Chest Injuries

Afternoon

Spinal Management/Head Injuries
Wilderness Wound Management
Athletic Injuries

DAY 2

Morning

Dislocations
Fracture Management
Traction Splinting
Hypothermia

Afternoon

Heat Illnesses
Altitude Illness
Medical Scenarios: Cardiac Emergencies, Respiratory Emergencies, Neurological Emergencies, Acute Abdomen, Gender Medical Concerns and Anaphylaxis

DAY 3

Morning

Medical Scenarios: Continued
Practical Test Scenarios
Closing/Evaluations

Afternoon

Final Written Test
CPR