



AIARE LEVEL 1 AVALANCHE SAFETY COURSE

DECISION MAKING IN AVALANCHE TERRAIN

SAMPLE ITINERARY

The High Mountain Institute: Leadville, CO

Day 1

8:00 – 8:30	Introductions: Intro to AIARE and The Decision Making Framework
8:30 – 9:00	Case Study—Ohio Pass, Crested Butte Backcountry
9:00 – 9:45	Avalanche Types and Characteristics
9:45 – 10:00	Break
10:00 – 10:45	Creation of The Mountain Snowpack
10:45 – 12:00	Avalanche Terrain
12:00 – 1:00	Break for Lunch
1:00 – 1:15	Case Study—Echo Peak, CA
1:15 – 1:45	Companion Rescue Classroom Session
1:45 – 5:00	Companion Rescue Field Session

Day 2

8:00 – 8:15	Q&A Session
8:15 – 8:45	Teamwork, Communication and Managing “The Human Factor”
8:45 – 9:15	Intro to Avalanche Problems
9:15 – 9:45	Reading the Avalanche Bulletin
9:45 – 10:00	Break
10:00 – 10:30	Gathering Field Observations
10:30 – 11:00	Intro to Trip Planning/Using Your AIARE Field Book
11:00 – 3:30	Observation and Clue Gathering Field Session—Lunch in Field
3:30 – 4:00	Case Study—Hatcher Pass, AK
4:00 – 4:30	Choosing Terrain and Traveling Wisely
4:30 – 5:00	Case Study—White Mountain, Crested Butte Backcountry

Day 3

8:00 – 8:15	Q&A Session
8:15 – 8:45	Trip Planning Continued
8:45 – 9:00	The Avalanche Bulletin
9:00 – 9:30	Trip Prep
9:30 – 4:00	Terrain Tour—Lunch in Field
4:00 – 4:45	Debrief
4:45 – 5:00	Evals and Clean Up Campus